

EMSWORTH SURGERY WINTER QUACK 2020



Emsworth Surgery Relocation

We are delighted to announce that the Emsworth Surgery's proposal for the refurbishment of the Victoria Cottage Hospital has been approved by NHS England. This is wonderful news and marks the start of a new chapter for Emsworth Surgery. Work is set to start this month on relocating the surgery to a new home on the site of the former Victoria Cottage Hospital in the town centre.

NHS England has approved the £4m scheme to convert the unused hospital building into a state-of-the-art surgery for Emsworth where for years the GPs, staff and patients have struggled to cope on the cramped existing site. It is hoped that contractors will move on to the former hospital grounds to start work within a few weeks.

NHS England has formally approved the full business case for the scheme presented by the surgery and NHS South Eastern Hampshire Clinical Commissioning Group (CCG).

Dr Abu Chinwala, GP Partner at Emsworth Surgery, was quoted as saying "I think that most local people know that we have wanted - and needed - new premises for a very long time, so this is truly welcome news.

"It has been heartening to receive so much support from the people of Emsworth and to know just how much they value our service and how they want us to be able to grow and improve. We are also grateful for the support of the CCG and NHS England.

"Getting conditional approval for the funding means that we can now look ahead to making the positive changes we have been wanting to achieve for many years. I think this offers numerous and valuable benefits for patients - modern and accessible premises, space to expand, being able to host new services with our partners both in the NHS and in social care and giving us the chance to improve how we support people living with frailty or long-term conditions.

"It will also allow us to try to recruit new staff to help manage rising demands for 'same day' care and to keep routine waiting times down as well.

"We absolutely welcome this news and now we want to move forward as quickly as possible to turn the potential into reality."

Primary Care Networks

The Hayling Island and Emsworth Primary Care Network continues to move forwards!

- We have now employed two high quality candidates to provide a social prescribing offer to our younger population initially. For those new to social prescribing here is a useful link to an overview (<https://www.kingsfund.org.uk/publications/social-prescribing>) We felt that there were big gaps in the social / psychological care for these people, especially when they are struggling with mental health problems, debt, family breakdown, unemployment to name but a few. We will evaluate how the social prescribers are working with our member surgeries and their populations in early 2020 and broaden our offer to other parts of our population.
- We continue to look at other ways Primary Care Networks (PCNs) can help our populations. We will be able to use different roles to help us with complex and hard to reach people. PCNs give us an opportunity to have Pharmacists closely monitor the medications of patients to help improve their care and wellbeing

- We are also looking at how Physiotherapist Practitioners, Physicians Associates and Paramedic Practitioners would benefit our populations. We are all very excited about our move to the Victoria Cottage Hospital. This bigger, more flexible space has much more potential than our current Emsworth site to deliver this broader range of primary and community care.
- We are looking at different ways to engage with our community in the best way possible. For now, keep an eye out in local press and media, and for public meetings, but in the future we hope to be active on social media too.
- We are strongly engaged with our local community health partners (QA Hospital, St Richards Hospital, Southern Health, Solent Health) as well as community voluntary sectors and local authorities. We believe it's here, where we break down traditional boundaries, that PCNs (and our populations) will really thrive.
- All three of our Practices continue to focus on maintaining good quality General Practice for our populations and aim to use our PCN to build on this for the future.
- We welcome and really want our population to engage with us. If you have any thoughts about what you'd like to see your Primary Care Network doing please email sehccg.info.haylingemsworthpcn@nhs.net Dr Will Denby, Primary Care Network Lead (Emsworth Surgery)

Flu Vaccinations

We still have flu vaccines available for those patients who are in any of the 'at risk' categories. You should have already been invited for a vaccination if you are in any of the 'at risk' groups. Please book in for a flu vaccination at the reception desk if you are interested - while stocks last!

Ear Syringing

Unfortunately we are having to cease offering a service for ear syringing as many other Practices have already done. If you think you need your ears syringed you will be given a leaflet at reception with advice as to how to self-treat. If this has not worked after 2 weeks and you still feel you need to have your ears syringed then you will need to find a private provider. Unfortunately we are not able to recommend any providers but the receptionists do have a list of places which provide an ear syringing service. We apologise for any inconvenience.

Yellow Fever Vaccinations

The Practice has ceased its registration as a Yellow Fever Centre. This is because there has been very little demand for Yellow Fever Vaccinations over the last 2 years. There are other Travel Clinics locally and the receptionists can give you a list.

Message from the Patient Participation Group (PPG)

The PPG committee meets regularly and helps the surgery team whenever needed such as helping to organise the flu clinics. Amongst our activities we are dedicated to educating the public on health matters, and to this end, last May Dr William Denby gave an illustrated talk on skin care and how to spot a skin tumour.

On 26th September Mr Rob Freyman, Consultant Surgeon from Chichester, gave a very interesting talk on male genito-urinary problems including prostate problems.

In March, date yet to be announced, Miss Angela Birnie, Consultant Surgeon from Chichester, will give an equivalent talk on female urology, including kidney and bladder problems. Details will be published nearer the time.

Jim Strudwick Chairman Emsworth Surgery PPG